

January 2021

ROADRUNNER NEWS

Newsletter of the Long Beach Cactus Club
Founded 1933; Affiliate of the Cactus and Succulent Society of America, Inc.

MEETING PRESENTATION: Jimmy Black - Medicinal Xerophytes of Texas: Pharmacology vs. Folklore.

This talk will center on xerophytes of Texas with a focus on Chihuahuan Desert plants. My intent is to identify those plants that have reported or claimed medicinal benefits in humans. I will discuss basic physiology and pharmacology specific to understanding why and how these plants may (or may not) have the medicinal effects often associated with them. While dealing with highly technical concepts, the presentation itself should be easy to understand and not require any prior knowledge of medicine, pharmacology, or human physiology.

Jimmy developed his love of cactus when he helped his mom work with succulents at the age of 12. He built his first dish garden at that age. Since then he has, along with his wife Ann, established an out-of-control hobby focused on the propagation and care of succulents from all over the world. Jimmy has a particular affection for cactus of the Southwest and specifically the Chihuahuan desert. He and his wife have been members of the San Antonio Cactus and Xerophyte Society since 2003. He is also an Associate Member of TACSS and a member of CSSA.

Jimmy worked in healthcare up until his retirement in January of 2019. He completed his undergraduate degree in Pharmacy (BS) at The University of Texas at Austin and became a licensed (Registered) pharmacist. He went on to complete his doctorate training at the UT Health Science Center at San Antonio and a clinical residency in Adult Medicine at Breckenridge Hospital in Austin, TX. His 33 year work career focused mainly on the Medical Affairs aspect of Research and Development in the pharmaceutical industry. He had the privilege of working on 13 individual compounds that gained FDA approval and eventually were introduced in the United States including atorvastatin (Lipitor), gabapentin (Neurontin), and exenatide (Byetta). He has over 40 referred publications and has spoken nationally and internationally on topics specific to the compounds on which he worked.



Our Zoom meeting is this Sunday 1/3 at 1PM
Time: Jan 3, 2021 01:00 PM Pacific Time

Join Zoom Meeting

<https://us02web.zoom.us/j/86034884122?pwd=UW5pT0dIbjFERWVUc1JtVGhWVG03dz09>

Meeting ID: 860 3488 4122

Passcode: 356490

Message From the President

by James Lemos

Hello Long Beach,

It's been quite a year of change and adaptation for all of us. We have all been touched by this awful mess, and we lost our beloved member Nan to this virus. But through all of this craziness you have made it through changing the way you do things. How we live has changed.

Our meetings were threatened with possible postponement for a year, maybe more. But... we met that challenge and have adapted. Like the plants we love, we were given harsh conditions and tough odds for survival of our meetings during this time, yet we are surviving. We meet every month. We have shown courage and strength through this. The number of our members in attendance these meetings rivals clubs three times our size. We don't advertise too much but maybe we can. The format is an open format so anyone can ask questions at any time. Some other clubs have members wait until the end of presentations for questions. Our format allows anyone to ask a question when it comes up. We will use that format as long as it works. If change is needed, we will adapt.

Stay strong through this. Looks like a vaccine is on the way but it will be a while before we all can get it. Until then, keep the ones you love safe and healthy. With hope on the horizon, please continue to stay safe.

Miss you all very much,
James

Long Beach Cactus Club 2021 Plants of the Months

MONTH	CACTI	SUCCULENTS
January	Hooked spine Mammillaria	Tylecodon & Cotyledon
February	Copiapoa & Matucana	Crassula
March	Gymnocalycium	Aeonium
April	Melocactus	Echeveria
May	Cereus	African Euphorbia
June	Favorites (3)	Favorites (3)
July	Astrophytum	Fockea & Raphionacme
August	Opuntia & Tephrocactus	Sansevieria
September		AUCTION
October	Ariocarpus	Agave
November	Miniatures (3) - pots under 3"	Miniatures (3) - pots under 3"
December		HOLIDAY PARTY

LBCC OFFICERS AND BOARD MEMBERS FOR 2021

PRESIDENT	James Lemos	SECRETARY	Gavin Hunn
VICE-PRESIDENTS	Christopher Bucka	TREASURER	Henry Angulo
CSSA LIAISON	M. A. Bjarkman	NEWSLETTER	Andrew Lander
VENDORS/PRIZES	Jim Hanna	PROGRAMS	Woody Minnich
MEMBERSHIP	Tanisha Herr	HISTORIAN	Nelson Hernandez
INTER-CITY SHOW	James Lemos	MINI-SHOW	Christopher Bucka
LIBRARIAN	Lisa Weller	X-MAS PARTY	Gary Duke
PHOTOGRAPHER	Alon Ronn	REFRESHMENTS	Amy Angulo
PLANT SALE	Henry Angulo	GARDEN CHAIR	Mike Martin
SOCIAL MEDIA CHAIRS	Amy Angulo, Scott Bunell	AUCTION	Gretchen Lewotsky

NEWSLETTER

IF YOU HAVE ANY STORIES, cultivation tips, information about upcoming events, photos, *corrections*, or news in general about cacti and succulents that might interest our members, **please send them in**. **Comments and suggestions are always welcome**. **Remember, this is your newsletter**. Physical address: Andrew Lander, 3041 Roxanne Ave., Long Beach, CA 90808. Cyber address: landruc@gmail.com